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Media coverage of Jo Robinson and Eating on the Wild Side. Bringing Back the Medicine in Our Food, video presentation from the Mother Earth News Fair, November 2014 YouTube video

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Eat Wild

Today, Eatwild.com. provides research-based information about "eating on the wild side." This means choosing present-day foods that approach the nutritional content of wild plants and game our original diet. Evidence is growing on an almost daily basis that these wholesome foods give us more of the nutrients we need to fight disease and enjoy optimum health. Few of us will go back to

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eating on the wild side Gluten Free Girl

We live in a crazy, beautiful world. The entire world astounds me, even with its chaos and suffering, confusion and bad processed food. Trying to find our way through it all without losing our minds feels walking through cotton batting most days.

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'Eating on the Wild Side' Excerpt All About Apples

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Eating on the Wild Side Jo Robinson Little Brown and Company Booktrailer

Eating on the Wild Side is the first book to reveal the nutritional history of our fruits and vegetables. Starting with the wild plants that were central to our original diet, investigative

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